

# Improving Mental Health & Well-being in Post - 16 Education

[One Drummond Gate, Pimlico, London SW1V 2QQ](#) | Wednesday 24 April 2019

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| 11.00 | <b>Chair's Introduction:</b> <i>Susan Biddle, Chair, Healthy Communities Consultant</i>   |
| 11.00 | <p><b>The Role of Colleges in Improving Student MH: Identification, Referral &amp; Support</b></p> <ul style="list-style-type: none"> <li>Government policies &amp; actions to improve post-16 MH and what they mean for further education providers</li> <li>Plans for 'Mental Health Support Teams' and how they will link with colleges and sixth forms</li> <li>Different staff roles &amp; responsibilities: incentives in appointing a trained 'Designated Senior Lead'</li> <li>The quality of links between colleges and CAMHS: developing proper procedures and knowing when to make a referral</li> <li>Making sure staff can identify the signs and act effectively when they see them</li> <li>Improving in-college support for post-16 students who do not meet CAMHS thresholds</li> </ul> <p>⇒ <b>Andy Bell</b>, Deputy Chief Executive, Centre for Mental Health</p> <p>⇒ <b>Dr Cyra Neave</b>, B.Sc, D.Clin.Psych, Chartered Clinical Psychologist, Anna Freud National Centre for Children and Families</p> |
|       | <p><b>Learning from a Welsh perspective</b></p> <p>⇒ <b>Simon Pirotte</b>, Chief Executive and Principal of Bridgend College, Mind's Annual Workplace Wellbeing Index Award Winner</p> <ul style="list-style-type: none"> <li>Establishing a whole-college approach</li> <li>Impact of technology on wellbeing</li> </ul>   |
| 12.45 | Networking Lunch  |
| 13.30 | <p><b>Wider Approaches to Improving Post-16 Mental Wellbeing</b></p> <ul style="list-style-type: none"> <li>Embedding a 'whole-college approach': what this really means, characteristics of good ones, and how to develop your own</li> <li>Preventative activities to promote mental wellbeing</li> <li>Building resilience and preparing students for HE and employment</li> <li>Mental wellbeing as part of a wider approach to student wellbeing</li> <li>Learning from current good practice</li> </ul> <p>⇒ <b>Dr Linda Dubrow-Marshall</b>, Lecturer in Applied Psychology, University of Salford</p> <p>⇒ <b>Professor Rod Dubrow-Marshall PhD</b>, Expert Consultant in Education, University of Salford</p> <p>⇒ <b>Jessica Russell</b>, Recovery College Manager, REACH</p> <p>⇒ <b>Dr Neil Smith</b>, Research Director, NatCen Social Research</p>  |
| 15.30 | Chair's Summary & Event Close   |