

Supporting Student Mental Health & Wellbeing

Event to be held in Central London | Wednesday, 13th September 2017

10.15 **Registration & Morning Refreshments**

11.00 **Chair's Introduction**

11.05 **Supporting Student Mental Health**

- HEIs' responsibilities for student mental health & wellbeing
- Facilitating the transition to higher education
- Identifying vulnerable groups & tailoring responses
- Raising awareness & understanding among staff
- Proactive actions to reduce anxiety & stress
- Facilitating interruptions, deferrals & return to study
- The role of student unions in raising awareness & offering support
- Implementing peer support programmes
- Working with external organisations

13.15 **Networking Lunch**

14.00 **Improving Mental Health as Part of a Broader Approach to Wellbeing**

- The link between mental health & wider wellbeing issues
- Educating students about wellbeing & study skills
- Combatting loneliness & isolation
- Preventing suicide on campus
- Embedding a whole institution approach to mental health & wellbeing

15.25 **Chair's Summary**

15.30 **Event Close**

[Download a Booking Form](#) | [Register Online](#)

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I/We agree to notify you of all cancellations and changes in writing no later than 30 days prior to the date of the event. I/We further agree to pay £150 administration charge per place on cancellation. If registration or cancellation is received less than 30 days prior to the date of the conference the full delegate fee is payable, however a substitute may be sent.

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