

Improving Pupil Mental Health & Wellbeing and the Role of Schools

Taking place in Central London (Zone 1, Venue TBC) | Wednesday 30 January 2019

10.15 Registration & Morning Refreshments

11.00 Chair's Introduction

11.05 **The Role of Schools in Improving Pupil MH: Identification, Referral & Support**

- Latest government policy & guidance
- The relationship between schools' statutorily required policies and mental health
- Different staff roles & responsibilities and appointing a properly trained 'Designated Senior Lead'
- Making sure staff are aware of the signs of mental health problems and know what to do when they see them
- Developing proper procedures and knowing when to make a referral to Child & Adolescent Mental Health Services
- The role of new 'Mental Health Support Teams', how they will link with schools, and timescales for roll out
- Improving in-school support for pupils who do not meet CAMHS thresholds and those with more serious mental health problems
- Understanding when mental health difficulties should be considered a disability and implementing reasonable adjustments

13.15 Networking Lunch

14.00 **Wider Approaches to Improving Pupil Mental Wellbeing**

- Embedding a 'whole school approach': what this really means, characteristics of good ones, and how to develop your own
- Preventative activities to promote mental wellbeing
- Mental wellbeing as part of a wider approach to pupil wellbeing
- Learning from current good practice

15.30 Chair's Summary & Event Close

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