

# Improving Pupil Mental Health & Wellbeing and the Role of Schools

[1 America Square, 17 Crosswall, London, EC3N 2LB](#) | Wednesday 30 January 2019

## 11.00 Chair's Introduction

⇒ *Dr Pooky Knightsmith, Vice Chair, Children & Young People's Mental Health Coalition*

## 11.10 The Role of Schools in Improving Pupil MH: Identification, Referral & Support

- Government policies & actions to improve pupil MH and what they mean for schools
- Plans for 'Mental Health Support Teams' and how they will link with schools
- The role of mental health in statutorily required policies
- Different staff roles & responsibilities and appointing a trained 'Designated Senior Lead'
- Making sure staff are aware of the signs and know what to do when they see them
- Developing proper procedures and knowing when to make a referral to CAMHS
- Improving in-school support for pupils who do not meet CAMHS thresholds and those with more serious mental health problems
- Reasonable adjustments when MH difficulties should be considered a disability

⇒ *Anna Cole, Parliamentary & Inclusion Specialist, Ass. of School & College Leaders*

⇒ *Dr Cyra Neave, Senior Clinician Schools Outreach Service, Anna Freud National Centre*

⇒ *Celina Grant, Emotional Well-being Consultant & Former CAMHS Manager*

## 13.00 Networking Lunch

## 13.45 Wider Approaches to Improving Pupil Mental Wellbeing

- Embedding a 'whole school approach': what this really means, characteristics of good ones, and how to develop your own
- Preventative activities to promote mental wellbeing
- Mental wellbeing as part of a wider approach to pupil wellbeing
- Learning from current good practice

⇒ *Sharon Gray, Former Head Teacher & Wholehearted Learning Education Consultancy*

⇒ *Amanda Aplicano, Inclusion Lead for SEMH & Syra Sowe, Inclusion Lead, Primrose Hill Primary School*

⇒ *Ceri Walker & Ceely Maxwell, Stanley School (Wirral)*

## 15.30 Chair's Summary & Event Close

[Event Page](#) | [Register Online](#)

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