

Improving the Health & Wellbeing of NHS Staff: Battling Burnout and Boosting Morale

Taking place at [110 Rochester Row, London, SW1P 1JP](#) | Tuesday 27th June 2017

10.15 **Registration & Morning Refreshments**

11.00 **Chair's Introduction**

11.05 **Morning Session: Improving the Health & Wellbeing of NHS Staff**

- Improving staff wellbeing in the face of budget deficits, increased demand and more complex workloads
 - Understanding the causes and impacts of stress and burnout in order to effectively improve conditions and morale
 - Improving employee mental & physical health and wellbeing: understanding & meeting the NICE quality standard
 - Enhancing the staff experience to create more resilient and engaged employees
 - Identifying and tackling the causes of sickness absence
 - Reducing temporary staffing spending while maintaining a quality service
 - Identifying a board-level director and senior clinician to champion staff wellbeing
 - Effectively working in partnership with charities, occupational health experts and union representatives to support staff
- ⇒ **Laura Wilkes**, *Lead—NHS Healthy Workforce Programme, NHS England*
- ⇒ **Lizzie Wood**, *Head of Operational Health and Wellbeing, Mid Yorkshire Hospitals & Board Member, NHS Health at Work Network*
- ⇒ **Alan Lofthouse**, *National Officer, UNISON*

13.15 **Networking Lunch**

14.00 **Good Practice Seminar: Developing your Approach**

- Discuss good practice in supporting the health and wellbeing of NHS staff
 - Improving patient outcomes by enhancing staff experience and morale
 - Changing workplace cultures to help staff deal with heavy workloads
 - Improving conditions to increase the retention of frontline staff
- ⇒ **Tracy Selsby-Orlandi**, *Head of Occupational Health, Derby Hospitals NHS FT*
- ⇒ **Alison Telfer**, *Senior Development Officer, Royal College of Nursing London*

15.25 **Chair's Summary**

15.30 **Event Close**

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