

# Tackling Childhood Obesity: The Next Steps for Local Prevention & Intervention

This event will take place in Central London, Zone 1. Venue to be announced | Wednesday 28 August

10.15 Registration & Morning Refreshments

11.00 Chair's Introduction

## 11.05 Recent Policy and Guidance Regarding Childhood Obesity

- Review of the childhood obesity strategy and the future for guidance and policy
- Looking to the future for early years and childhood health strategies

## 11.35 Existing Knowledge and Approaches to Childhood Obesity

- The timescales for implementation and measuring progress
- Providing accessible sport & physical activities in and out of school settings
- Improving the provision of healthy food in all public sector settings
- Creating and implementing healthy rating schemes
- Promoting healthy eating and physical activity in early years settings
- The role of Health Visitors, School Nurses and health professionals in tackling childhood obesity
- Tackling the dual problems of childhood obesity and health inequalities
- Engaging with parents & carers about sugar and calorie consumption

13.15 Networking Lunch

## 14.00 Best Practice Examples of Tackling Childhood Obesity Locally

- Use of technology: examples of innovative local approaches for tackling childhood obesity
- Understanding the connection between social deprivation and obesity on a local and national level
- Best practice from evidence-based services during a time of financial constraint
- Developing the role of schools in promoting healthy eating and exercise
- Partnership working between local authorities, health services, schools and charities to support families

15.30 Chair's Summary & Event Close

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Please note that all speakers and the agenda are subject to change without notice. For more information contact [Customer.Services@westminster-briefing.com](mailto:Customer.Services@westminster-briefing.com) | 020 7593 5657