

# Improving Mental Health in Further Education

ETC Venues County Hall, London | Thursday, 28th September 2017

## 11.00 Chair's Introduction

⇒ **John Freeman CBE**, *John Freeman Consulting Ltd*

## 11.05 Improving Mental Health in Colleges

- Latest policy developments in mental health provision
- Measuring & monitoring wellbeing & evaluating the support you offer
- Providing qualified on-site support
- Equipping staff to support students
- Supporting staff with their own mental health
- Creating lower stress learning & working environments
- Student perspective: what good mental health provision should include
- Embedding a whole institution approach

⇒ **Lee Atkins**, *Regional Improvement Support Officer (Central & South West), Child Outcomes Research Consortium*

⇒ **Mike Kilbride**, *Principal, Birkenhead Sixth Form College*

⇒ **Jane Darougar**, *Counsellor, Leyton College*

## 13.00 Networking Lunch

## 13.45 Learning From Current Good Practice

- Actions leading colleges are taking
  - Overcoming barriers & resourcing support
  - Building links with local mental health services
  - Better supporting students & staff
  - Tackling the stigma surrounding mental health
- ⇒ **Erica Thompson**, *MH Education & Employment Adviser, Hackney Community College*
- ⇒ **Toni King**, *Clinical Lead for Recovery & Peer Workers, Mental Health Recovery Team, Solent NHS Trust* & **Jo Dawson**, *Peer Trainer, Solent Recovery College*
- ⇒ **Maff Potts**, *Founder, The Association of Camerados* & **Amy Smith**, *President, Sheffield College Students' Union*

## 15.30 Event Close

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