

# The Next Steps for Tackling Childhood Obesity

Taking place in Zone 1 Central London (Venue TBC) | Thursday 26 October 2017

## 10.15 Registration & Morning Refreshments

## 11.00 Chair's Introduction

## 11.05 Morning Session: The Next Steps for Tackling Childhood Obesity

- Comprehensive overview of the Childhood Obesity Strategy and the progress made so far
- Promoting healthy eating and physical activity in early years settings
- Improving the provision of healthy food in all public sector settings at a time of financial constraint
- Tackling the rise of type 2 diabetes in children
- Local authorities: limiting the spread of unhealthy food outlets in your area
- Providing accessible sport and physical activities in and out of school
- The role of Health Visitors, School Nurses and other health professionals in tackling childhood obesity
- Tackling the joint problems of childhood obesity and health inequalities
- Engaging and educating parents & carers about sugar and calorie consumption
- What are the next steps for tackling childhood obesity?

⇒ **Rachel Pryke**, GP & Clinical Advisor on Obesity and Nutrition, RCGP

## 13.15 Networking Lunch

## 14:00 Afternoon Session: Tackling Childhood Obesity Locally

- Examples of innovative local approaches for tackling childhood obesity
- Best practice from evidence-based services during a time of financial constraint
- Developing the role of schools in promoting healthy eating and exercise
- Partnership working between local authorities, health services, schools and charities

⇒ **Ian Nutt**, Head of Programmes Development, Soil Association Food for Life

## 15.30 Event Close

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