

# Transitioning to Higher Education: Improving your Approach to Student Mental Wellbeing

Taking place in Central London, Zone 1 | Venue to be announced | Thursday 4 July

10.15	Registration & Morning Refreshments
11.00	Chair's Introduction: <b>Dr Harriet Dunbar-Morris</b> , <i>Dean of Learning and Teaching and Associate Pro Vice-Chancellor (Student Experience), University of Portsmouth</i>
11:05	<b>Recent policy to rethink the student experience</b> <ul style="list-style-type: none"><li>• The Education Transitions Network: an overview of the new taskforce and how it will affect your institution</li><li>• Examining recent reports on the transition from secondary school to university and preparing for the future</li></ul> ⇒ <i>Speakers to be announced</i>
11.45	<b>Preparing Students for a Successful Transition to University</b> <ul style="list-style-type: none"><li>• Managing expectations pre-university: encouraging independent living, independent learning and coping with change</li><li>• Effective communication between university mental health support and school health and wellbeing teams</li><li>• Healthy relationships: putting health and wellbeing at the heart of your student support system before and after the transition</li><li>• Pupil Referral Units: widening participation to support all pupils into university</li></ul> ⇒ <i>Speakers to be announced</i>
13.15	Networking Lunch
14.00	<b>Supporting Students Through the Transition at University</b> <ul style="list-style-type: none"><li>• Developing a whole institution approach to social integration: helping all students develop networks to avoid loneliness &amp; isolation</li><li>• Good practice in ensuring a supportive and approachable student union</li><li>• Supporting vulnerable students in the transition from school to post-16 environments</li><li>• Meeting the needs of non traditional students, including mature students, commuters &amp; care leavers</li><li>• Case study examples of successful transition programmes from secondary school and sixth form to universities</li></ul> ⇒ <i>Speakers to be announced</i>
15.30	Chair's Summary & Event Close

[Register Online](#) | [Event Page](#)

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